

## Rooted in Spirit: Growing in Peace...Growing in Power



The trees, plants and grasses sink their roots deeply in the sun-warmed and rain-fed fertile soil, drawing nutrients and water through tiny, web-like finger roots to larger roots and finally into their core where old cells are fed and new cells created. New leaves, taller trunks, stalks or stems, buds bursting into blossom – each is a sign of the life energy rising and measurable growth taking place.

As individualized expressions of Spirit, we are rooted in Its nature, drawing from Spirit/Source the life energy that sustains us as spiritual beings. Our spiritual nature, our consciousness, grows by grace until we reach a point of averages; from that point on, unlike the plants, we grow through conscious choice. As we become aware of our connection with the Presence that we call Spirit, we consciously choose to grow and deepen our relationship with Source.

Dr. Ernest Holmes defines Peace as, “A state of inner calm...so complete that nothing can disturb it. The Peace which comes only from the knowledge that It is All.” He describes the Peace of the Spirit as Fathomless Peace, the peace Jesus referred to when he said, “Peace I leave with you, my peace I give unto you.” Holmes continues saying our “... realization of our Oneness with the Omnipresence brings peace, the peace which is accompanied by a consciousness of power.”

When we live consciously cultivating the Peace of Spirit within, we think, live and act from a place in harmony with the universe. From that place of total calm springs a knowing of limitless power, power born of the calm assurance that the Law of the Universe works harmoniously for us as it works through us.

Please join us as we continue on our path of deepening spiritual growth. We look forward to seeing you.

With love and respect,  
Rev. Alice and the Board of Trustees

### Dates to Remember

#### May - Rooted in Spirit: Growing in Peace

1st: Rev. Jacqueline Chohan  
8th: Rev. Lacy Atkinson  
*Mother's Day Plant Sale*  
15th: Rev. Mary Jo Sparry  
*Workshop: T'ai Chi Seishin*  
20th: Spiritual Cinema, 7 p.m.  
22nd: B. J. King, R.Sc.P.  
*Membership Orientation*  
29th: Rev. Carolyn Douglas

#### June - Rooted in Spirit: Growing in Power

1st: The Fifth Agreement Class Begins  
5th: Rev. Alice Carpenter  
12th: Rev. Lacy Atkinson  
17th: Spiritual Cinema, 7 p.m.  
19th: Karie Hillery & Band  
*Father's Day Ice Cream Party/Outlandish Tie Contest*  
26th: Rev. Jane Holt

## Mother's Day Plant Sale

Sunday, May 8th



. With the spring weather we are enjoying, everything is coming into bloom. What better gift than a beautiful living plant? The CLS-LG plant sale will be held outdoors from 8 am to 2 pm. We will be offering a wide selection of flowering and potted plants for your Mother's day gift purchase. Invite your friends and neighbors. The plants are lovingly selected for your Mom's delight.



This event is one of our favorite fund raisers. It benefits our church and gives us the opportunity to get to know the community.



## Staying Healthy with T'ai Chi Seishin Sunday, May 15th

Rev. Jacqueline Chohan will be presenting a T'ai Chi Seishin class following Sunday service from 1 to 2:30 pm. Plan to stay after and enjoy an afternoon of moving meditation that balances the body, heart, mind and emotions. T'ai Chi is a powerful energy system flowing with Spirit and human life experiences. Learn to breathe deeply, relax, release stress, and live life with ease and grace. The cost is \$20.00 for non members and \$15.00 if you are a member of CSL-LG.

*Being aware of your breathing takes attention away from thinking and creates space. One conscious breath is enough to make some space where before there was the uninterrupted succession of one thought after another.*

## Membership Tea

**An Invitation to Belong**



Join us on **May 22nd** for a membership orientation tea.

Attendance to the tea is a prerequisite for membership to the Center for Spiritual Living Los Gatos (CSL-LG). If you are already a member, come and share your experience and thoughts on being a member.

One benefit of being a member of CSL-LG is the privilege of voting at the Annual General Meeting, knowing that you can make a difference. There is something about an official membership card that says you are a part of a community.

Being a member of CSL-LG brings a commitment of togetherness and a natural responsibility of helping to keep the Center vital and active. Think of it this way, you have a best friend who has a large family. You know you are welcome in their home and you feel comfortable, however, you are still a visitor. But imagine if you were a member of the family. The feeling of closeness is immediate.

As a friend, you are welcome to CSL-LG every Sunday and you probably feel comfortable, however being a member brings a sense of ownership along with a commitment to your own spiritual growth. You are then a part of a community and you welcome the opportunity of working together for it's well-being. Once you claim membership you gain a trusting unspoken spiritual bond that says, "I belong. I am home." And as soon as something is yours, you want to hold it close and take care of it.

Come and get to know us over a cup of tea and refreshments. Your questions will be answered by Rev. Alice and members of the Board of Trustees.

Sign up on Sundays at the Information Table.

*In everything give thanks...  
"Gratitude is one of the chief  
graces of human existence and is  
crowned in Heaven with a  
consciousness of unity.."  
~Ernest Holmes*

## Upcoming Guest Ministers and Speakers



### **Reverend Lacy Atkinson**

Rev. Lacy Atkinson is an assistant minister at the Center for Spiritual Living in Fremont. He became a minister since 1999 and was ordained in 2004. He is a regular speaker on Sunday mornings, has taught accredited classes and has led the 4-T, Keys to The Kingdom and 5 Gifts classes the past several years. He has served with the International Centers for Spiritual Living youth, adult, and teen groups. Being a retired Deputy Fire Chief of San Jose, Rev. Lacy has executive experience in addition to his years as a Religious Science minister.

**Speaking dates: May 8th, June 12th**



### **Reverend Alice Carpenter**

Rev. Alice received her ministerial training in Redding where she served as Staff and Assistant Minister for two and a half years. She became Pastor of the Center for Spiritual Discovery in 2001 and was ordained in 2004. Rev. Alice served as co-chair of the RSI Asilomar Conference in 2005. She retired as Pastor of the Center in December 2007 but continued as a member of the Board for the Los Gatos Center for Spiritual Living until February 2008. She currently serves as Chairman of the Church Chartering Committee for International Centers for Spiritual Living, and continues to provide guidance and spiritual support to the Los Gatos Center, as well as instruction in Science of Mind principles.

**Speaking date: June 5th**



### **Rev. Jacqueline Chohan**

Rev. Jacqueline Chohan was co-pastor of Center for Spiritual Growth located in Belmont, California with her now deceased husband, Rev. Karminder. She trained with Rev. Dr. Marcia Pearce and Rev. Dr. Maxine Kaye. She lives the principles of Science of Mind. She was ordained in 2009 and became minister emeritus at the end of 2010. She enjoys guest speaking and facilitating workshops, and teaching T'ai Chi Seishin.

**Speaking date: May 1st**



### **Reverend Carolyn Douglas**

Rev. Carolyn Douglas has followed the philosophy of the Science of Mind since 1984. She was licensed as a Practitioner of Religious Science in 1992, and received her Masters of Divinity from Holmes Institute School of Conscious Studies in 2001. Rev. Carolyn received her first Letter of Call to New Perspectives Corporate Chaplaincy in 2001. She received a Letter of Call for Assistant Minister to the FireLight Church of Religious Science and Science of Mind Center in 2002. In 2003, Rev. Carolyn received her Letter of Call for Senior Minister to the FireLight Church of Religious Science and Science of Mind Center. The FireLight Church is now known as Illuminate Spiritual Center, San Jose. Rev. Carolyn was ordained in May 2004.

**Speaking date: May 29th**

## Upcoming Guest Ministers and Speakers (continued)



### **Karie Hillery**

International recording artist Karie Hillery has spent her life bringing her uplifting music to every imaginable venue worldwide. Her work as a musical “peace ambassador” has grown to include speaking engagements combined with musical performances. Designed to empower and increase awareness, Karie’s presentations highlight the interconnectedness of all cultures and belief systems, and inspire a deeper respect for the Mother earth.

**Speaking date: June 19th**



### **Reverend Jane Holt**

Rev. Jane Holt is a staff minister at the Center for Spiritual Living in Fremont, CA. She serves there in various capacities: teaching, speaking, event coordinating, and facilitating spiritual empowerment workshops. She says, "This teaching made sense to me on all levels and changed my life when I began to apply what I was learning." She received her ministerial license in 2003 and was ordained in 2010. Rev. Jane brings a wide range of skills and experience to her ministry. She has worked in both the for-profit and not-for-profit fields and in areas such as leadership development in a variety of multi-cultural venues. She is currently employed with the Health Education management team of a health maintenance organization (HMO).

**Speaking date: June 26th**



### **B. J. King, R.Sc.P.**

When I walked into First Church of Religious Science 26 years ago, the first words I heard spoken by Dr. Scott was, “Something great and wonderful is happening today and you are a part of it.” I knew I had found my right place to be one with a loving, supportive GOD. I felt called to become a Practitioner and began that course of study. I am in my 19th year of being a licensed Practitioner and I am so grateful I answered the call. I have been honored to pray and counsel with individuals and families, present motivating workshops, facilitate classes, being a guest speaker at other churches.

**Speaking date: May 22nd**



### **Reverend Mary Jo Sparry**

Rev. Mary Jo is an ordained Minister, serving as an Assistant Minister at the Center for Spiritual Living in Fremont. She has facilitated workshops at the RSI Asilomar Conference, and is often published in Creative Thought magazine. Rev. Mary Jo has taught accredited Science of Mind classes, and speaks monthly at the 9:30 am Sunday service at Center for Spiritual Living-Fremont. Currently, Rev. Mary Jo is teaching SOM 300 for the fourth time and loves it. In addition to that, she is a Bay Area career consultant.

**Speaking date: May 15th**



## The Fifth Agreement: Continuing the Journey

Rev. Alice invites you to join her Wednesday evenings starting **June 1st** for a four week class based on *The Fifth Agreement* by Don Miguel Ruiz and Don Jose Ruiz. Classes will be held at the Center, 550 Hubbel Way, Los Gatos, from 7 to 9 p.m. Tuition for the class is \$50 for the full series, or \$15 for an individual class.

An extension of the lessons presented by Don Miguel Ruiz in his 1997 book, *The Four Agreements*, *The Fifth Agreement* adds: “Don’t believe yourself or anybody else. Use the power of doubt to question everything you hear: Is it really the truth? Listen to the intent behind words, and you will understand the real message.” Don Miguel says the fifth agreement is ultimately about seeing your whole reality with the eyes of trust, *without* words; that the result of practicing the fifth agreement is complete acceptance of yourself, and everyone else in your world, just the way they are.

Copies of the text are available now through the Namasté Bookstore. Pre-registration for the class is recommended, and a sign-up sheet will be available on the Information Table before and after service. A syllabus will be provided to pre-registered students in advance of the class.



## Summer Savings & Fall Fun

Discount summer activities coupons for California’s Great America and Gilroy Gardens are available at the church information table for big savings and unforgettable summer fun. Coupons are valid March 27 through October 30, 2011 and are sure to go fast.

Pick up your coupons after service on Sunday and treat your family to some fun.

## Father’s Day Ice Cream Party and Outlandish Tie Contest

**Sunday, June 19th**

*Ice Cream, You Scream, We All Scream for Ice Cream.* We will have your choice of ice creams, various syrups, whipped cream, nuts, fruits, wafer cookies, - and beverages too - all you can eat for a suggested donation of \$7.00.



Our Father’s Day Ice Cream Party will be a little different this year. In addition to our popular ice cream sundaes, we will be featuring a special contest - the **Most Outlandish Tie Contest**.

We request everyone to wear a tie (any type, any color, any length, any way to tie it).. You can wear it around your waist, dangling from a hat, wrapped around your hair, etc. There will be a prize for the most unusual, unique or eye-catching tie! Are you up for this??

Put on your thinking caps and come up with something original. We will feature the winner’s picture in the newsletter wearing the winning tie!

Bring the kids, they will love it. They can join in the contest also.



## Spiritual Cinemas

### Mad Money

Friday, May 20th



Bridget is a gracious matron with a lovely home. Yet, her world turns upside-down when her husband loses his job. Suddenly, bills are piling up and there is no solution in sight. Wanting to maintain her lifestyle, Bridget takes a job as a custodial worker for the local

branch of the federal mint. Now, she has the health care coverage she needs and the means to pay her creditors. But she wants more, especially considering the menial tasks she is asked to perform and the smug attitude of her bossman.

Bridget sees what occurs at the Mint when money gets tattered and old. So she hatches an elaborate plot to help herself to some of those worn-out bills that are headed for the shredder. In order for her scheme to work, she needs help. She finds two willing partners and so the story moves on. Watch what happens after the three gals begin their plot.

This is a funny, entertaining movie and, yes it is fun to imagine what would happen if we actually could trick the system.

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### Wild Hogs

Friday, June 17th



Four middle-aged men all stuck in a rut decide to take a road trip from Cincinnati to the Pacific in order to get away from it all. They give themselves a name of the *Wild Hogs*. Taking their motorcycles, they tear up the road going from one amusing adventure to another and eventually stop in New Mexico for a drink, not knowing that the bar belongs to the *Del Fuegos*, a mean biker gang. The fun begins when the *Wild Hogs* mix it up with the *Del Fuego* gang.

Movies are shown at the Center and start at 7 p.m. Cold drinks, popcorn and candy will be available for a donation of \$7. See you there!

## Namasté Bookstore

A shipment of new book selections has arrived in the Namasté Bookstore and is available for purchase before and after Sunday service. This month we are featuring *The Fifth Agreement*, a book by Don Miguel and Don Jose Ruiz. *The Fifth Agreement* is the sequel to *The Four Agreements* which outlines a foundation for a happy life that anyone can achieve. The trick is to remember the four agreements and live them; be impeccable with your word; don't take things personally; don't make assumptions; and always do your best.



While the first four agreements deal with our relationship to ourselves the fifth agreement deals with our relationship to others, and how we can create a better world. We are now ready as a society to learn to listen to each other and to respect our differences. The *Fifth Agreement* shows us the way. Both books are available in the bookstore.

Another new arrival is *Acceleration: The Forces Driving Human Progress*, written by author Ronald G. Havelock. This book provides data and thoughtful arguments that support a positive, optimistic view of the future.



The book examines the "other" side of the coin and instead of looking at the down side of human progress and wondering how things got so bad, Havelock sees a different trend that he calls *forward function*, a cluster of six forces that have driven human progress from the Stone Age to the present. He says that we are only looking at half the picture and asking the wrong questions, and through his writing he shows us there are many reasons for optimism about the world being a better place in the future, and reminds us just how far we have come.

*Acceleration* clearly demonstrates humanity's future on Earth is by no means dim. Reading this book will definitely give you a good feeling about the future and the belief in human progress.

